



# Lauren Thompson Crews

NOV 23, 1949 - APR 14, 2025



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# Table of Contents

|                           |        |
|---------------------------|--------|
| <b>Obituary</b> .....     | Page 3 |
| <b>Tribute Wall</b> ..... | Page 5 |



# Lauren Thompson Crews

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**L**auren T. Crews, Memphis, Tennessee businessman, real estate developer, and adventurer, passed away on April 14, 2025 after a nearly three-year battle with ALS (Lou Gehrig's Disease.) Lauren was born on November 23, 1949 and was 75 years old.

Lauren is survived by his sweetheart Pamela Mattingly, daughter Stephanie Crews, granddaughter Jasmine Crews, great-grandson Maddox, Mother, Laura Crews, brothers Hugh, Hilliard, and Charles Crews, as well as the loving Lynch family of his beloved wife, Sharon, who preceded him in death.

Lauren enjoyed a large extended family, and he was particularly fond of his many nieces and nephews and loved being involved in their lives.

As a real estate developer, Lauren was best known in recent years by his relentless efforts and success developing the historic Marine hospital grounds on a bluff overlooking the Mississippi river in south downtown Memphis.

Lauren loved outdoor adventures, and many will remember his canoe journey from the beginnings of the Mississippi river in Minnesota to its ending in New Orleans, Louisiana. He was accompanied on the journey by his faithful dog companion Mac. Lauren had dozens of incredible stories of his time on the river, including as a witness to a murder in the river town of Helena, Arkansas.

As recently as a year and a half ago Lauren accompanied one of his nephews on a 2-week long rafting trip on the Colorado River, and memories of that trip sustained Lauren for the rest of his life.

Lauren was also known in the Memphis area as an accomplished runner, biker and triathlete and consistently placed in his age group in area events.



## Obituary

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Lauren was a life-long Memphian except for a brief period spent in Washington state while in the Navy. He was a boxer in the Navy and graduated from Frayser High School.

About 2 ½ years ago Lauren reunited with Pam Mattingly who he had known in high school and apparently admired from afar. They fell madly in love and spent the last 2½ years together, and she lovingly cared for him through his illness.

The family takes comfort in Lauren's interest in salvation in the last few days of his life.

A graveside service will be for family only. There will be a Celebration of Life at a later date for all friends and family.

Please consider the ALS Association for any memorials (website [www.als.org](http://www.als.org)).



## Tribute Wall

**Lauren Thompson Crews**

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TF

**Todd Freeman** posted:

Lauren was a great man. I always looked up to him and admired him. Even though I was not his blood but a nephew through marriage. Uncle Lauren and aAunt Sharon always made me feel like family and treated me as such. I don't have a big family and they knew this and I can't express how much it meant to me and still does. I was just telling someone about him around the time he passed. Lauren and Sharon were both amazing people and both will be missed. I can't stress that enough but if you're reading this you already know. Lauren and Sharon were a great Aunt and Uncle to many and were happily involved in their nieces and nephews lives. Thank you for everything. I love both of you and will never forget how great you were to me. Thank you. Lauren was a one of a kind special man. I respect him for never giving up and always being true to himself and his vision. I always wanted to be just like him in that regard. It saddens me to see him leave this earth. I know he is with aunt Sharon now and i hope they both know I love and appreciate them greatly. They were both amazing. Never felt anything but love from either one of them. They didn't have to include me but they always did. I love both of you guys and will always remember you as the loving aunt and uncle you were. Lauren was a wild man and I loved his spirit. He was the man! He once beat me in a race running in the woods with no shoes on. I had shoes and was much younger obviously. He said this to me when I asked him why he had on no shoes. "Boy if God woulda wanted you to have shoes you woulda been born with them". At the time I didn't see it as much. Typical Lauren kind of statement. Now looking back it was classic. lol.

April 18 at 5:56 PM

BG

**Bobby Gallagher** posted:

It breaks my heart to hear this ❤️. I feel like it was just yesterday Lauren Shaun and I were conversating while doing our 6PM Wednesday night Breakaway Germantown Greenway six mile run. I was looking forward to more. 😞~Bobby Gallagher

April 16 at 7:37 PM



## **Memories only last if you share them**

Join us in honoring Lauren by contributing to a collection of shared memories.



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